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Teaching Tips

THINKING in the EFL Class – Tessa Woodward – Helbling Languages

The history of chocolate

So where and when did the story begin? Thousands of years ago is the answer, in the Maya and Aztec civilizations of Central America.

Cocoa trees grew in the jungle, and people used them to make a, drink for occasions. Centuries later the Aztec Empire fell, and Hernán Cortés, the conqueror, brought beans back across the seas to Spain.

Gradually chocolate spread across Europe – it was the choice of royalty and the, just like caviar or champagne today. At the end of the 19th century milk was added, and at last someone devised a way of making chocolate to eat as well as to drink. But it wasn't until the century that chocolate became for everyone.

So chocolate has been on a(n) journey. Its popularity is: prized once by warriors and today by millions of people around the world.

Fillers: Aztec, epic, special, spicy, rich, right, clever, fashionable, enduring, affordable, ancient, cocoa, 20th, wild.